



**CEU Event: 2 CCM, RN, NY SW Pending**

**Date** May 13, 2025  
**Time** 6:00-8:15 PM EST (Please dial in 10 to 15 minutes prior to webinar)  
**Where** Zoom Virtual Webinar

**Host Chapter**



**Topic** **Disrupting the Default with Nursefully:  
 What Happens When We Build for Nurses, Not Margins**

**Speakers** **Kimberly Chow, DNP, MBA, RN** Nursefully, Co-founder  
**Stephanie Chu, MPA, RN** Nursefully, Co-founder  
**Carolyn Fulton, LCSW** Nursefully, Clinical Director  
 Founding Therapist

**Objectives**

1. Identify the findings of healthcare workforce surveys that provide the urgency to address Nurse dissatisfaction
2. Discuss the importance of empowering nurses to prioritize their well-being and thrive personally and professionally.
3. Cite three situations that can impact professional growth and personal well-being.
4. Describe how the power of personalized psychotherapy benefits your well-being.
5. Apply true self-care techniques for establishing a foundation of personal and professional resilience.

**Sponsored by**

**Fees & Payment** CMSA Members: **Free** Non-Members **\$20.00**  
*Sorry, there are no refunds or credits for future meetings given in the event that a person is unable to attend.*

**Registration** CMSA Northeastern Regional Coalition: <https://cmsanerc.org/>

**IMPORTANT INFORMATION:**

We recommend logging into the webinar 10 to 15 minutes prior to the start of the event. This way we can help should any technical issues arise. **Be aware once the webinar has started, we are unable to help with technical issues so it is important to sign in 10 to 15 min prior to the event.**

To obtain your CEU Certificate you must attend the entire program. Instructions and survey access code will be provided at the end of the presentation. You must complete the survey in order to receive your CEU certificate.

Any questions?? Feel free to contact us.